

CAFÉ X DELI  
**SYMPHONY'S**  
RESTAURANT





## COFFEE

Cappuccino froth	26
Cappuccino - <i>skinny/decaffeinated/cream</i>	29
Mega cappuccino froth	39
Mega cappuccino - <i>skinny/decaffeinated/cream</i>	43
Café latté froth	29
Café latté - <i>skinny/decaffeinated/cream</i>	32
Espresso short/long	20
Espresso double	24
Americano	25
Milky coffee	24
Mega milky coffee	34
Filter coffee	24
Filter coffee refill - <i>maximum 2</i>	FREE
Filter coffee - <i>cream/condensed milk</i>	28
Mega filter coffee	32
Mega filter coffee - <i>cream/condensed milk</i>	38
Mega filter coffee refill - <i>maximum 1</i>	FREE

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## COFFEE PLUNGER

Extra cup if plunger is shared	6
House blend	36
Decaffeinated	37

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## ADD FLAVOURING TO ANY HOT DRINK

Hazelnut / Vanilla / Caramel	13
Amarula / Cape Velvet	17

## TEA

Extra cup if pot is shared	6
Five roses	24
Rooibos	24
Green	25
Earl grey	25
Extra teabag	4

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## ROOIBOS SPECIALITIES

Served with Hartland honey

Red cappuccino	29
Mega red cappuccino	41
Red latté	32
Red americano	25

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## HOT DRINKS

Choccocino	34
Espresso, hot chocolate and steamed milk	
Chai latté	37
Chai tea infused with cinnamon, clove and other warming spices, combined with low fat steaming milk and topped with froth	
Milo	31
Hot chocolate	32
White hot chocolate	35
Red hot white	39
Red espresso, white hot chocolate and steamed milk	
Boiling water	extra lemon 5 / extra honey 11





TRADITIONAL MILKSHAKE

## MILKSHAKES

### GOURMET - no decoration

#### Milo, Coffee

Regular	37
Double thick	39

#### Vanilla, Hazelnut, Caramel

Regular	39
Double thick	41

### LIQUEUR - no decoration

#### Cape Velvet, Amarula, Peppermint

Regular	41
Double thick	43

### TRADITIONAL - decorated

#### Chocolate, Strawberry, Lime, Bubblegum

Regular	37
Double thick	39

## SMOOTHIES

Made with ice cream, yoghurt and fruit pulp

Tropical storm	40
Peach delight	40
Strawberry fantasy	40

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## FRUITSHAKE

Choose from our selection of fruit juices, blended with ice cream

Fruit cocktail, Mango, Orange, Cranberry-apple, Red grape, Golden apple	39
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## FLOATS

### FRUIT FLOAT

Choose from our selection of fruit juices, topped with ice cream

Fruit cocktail, Mango, Orange, Cranberry-apple, Red grape, Golden apple	39
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### SODA FLOAT

Choose from our selection of sodas, topped with ice cream

Coke, Coke zero, Sprite, Sprite zero, Dry lemon, Tab, Cream soda, Fanta orange, Fanta grape	32
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## FRESH RED ICE TEA



### FRUIT JUICE

Fruit Cocktail, Mango, Orange, Golden apple, Red grape  
■ Cranberry-apple

Regular 330ml	28
Small 200ml	20

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### SODAS

300ml 23  
Coke, Coke zero, Sprite, Sprite zero, Dry lemon, Cream soda,  
Fanta orange, Fanta grape, Tab

200ml 19  
Lemonade, Soda water, Tonic water, Ginger ale

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### TIZERS

330ml 27  
Red grapetizer, Appletizer

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### WATER

Mineral water 19  
Still, Sparkling

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### ICE TEA

Fresh red ice tea - the healthy option 34  
Red espresso with apple juice - no preservatives - sugar free

Lipton ice tea 28  
Lemon, Peach

## FROSTIES

Made with crushed ice

Lemonade mint crush	38
Coffee freezo	38
Strawberry chiller	38
Mango frappé	38

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## CORDIALS

Mixed with soda water or lemonade

Lime / Cola tonic / Passion fruit	29
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## ROCK SHANDY

Soda water, lemonade and bitters

400ml	34
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## GINGER BEER

The old fashioned way. Brewed in-house. Non-alcoholic

Large	27
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GINGER BEER

## COCKTAILS

Margarita	51
Strawberry daquiri	51
Coffee extreme	51
Pina colada	51

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## SPIRITS

Brandy - Klipdrift, Richelieu	19
Rum - Captain Morgan, Bacardi	21
Whisky - Scottish Leader	20
Whisky - J&B, Bells	23
Vodka - Smirnoff	19
Jameson	26

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## DOM PEDRO

Whisky / Cape Velvet / Amarula / Peppermint	40
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## IRISH COFFEE

Whisky	38
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## GIN & TONIC

**Mixed with Fitch & Leedes Indian sparkling tonic. Deliciously infused with fruits & herbs in season**

Bombay Original	60
Distilled London dry gin	
Inverroche Classic	68
Handcrafted with wild Cape fynbos	



### GIN & TONIC

For decorational purposes only  
May differ from order





**COCKTAILS**

**WINE**

**SAUVIGNON BLANC**

La Motte

**BOTTLE**

142

Leopard's Leap

108

**CARAFE**

39

**CHARDONNAY**

Diemersdal Unwooded

128

Ken Forrester Petit

110

39

**CABERNET SAUVIGNON**

Ernie Els Big Easy

133

Leopard's Leap

119

42

**MERLOT**

Protea Anthonij Rupert

141

Leopard's Leap

118

42

**PINOTAGE**

Beyerskloof

143

Ken Forrester Petit

115

42

**SHIRAZ**

Guardian Peak

138

Protea Anthonij Rupert

118

42

**ROSÉ**

Nederburg

115

Protea

141

37

**SEMI SWEET**

Legacy Johannesburg

103

36

**SPARKLING WINE - JC Le Roux**

Le Domain / Le Chanson

118

Sauvignon Blanc / La Fleurette

118

**BEER AND CIDERS**

Castle / Castle Light / Black Lable

26

Amstel / Heineken / Windhoek Lager

28

Hunters - Dry / Gold, Savanna - Dry / Light

29

**LOCAL CRAFT BEER**

Jealousy Amber / Gossip Blonde

42



EGGS IN NEST

## BREAKFAST

### EGGS BENEDICT

2 Poached eggs with your choice of salmon or bacon on an english muffin, topped with hollandaise sauce, served with rocket and grilled balsamic cherry tomatoes

Salmon	82
Bacon	70

### CARB CONSCIOUS

2 Eggs, 3 bacon, half avocado, danish feta cheese, rocket and tomato. NO toast

68

### EGGS IN NEST

2 Italian mince nests, each with a poached egg inside, parmesan cheese, rocket, grilled balsamic cherry tomatoes and toasted ciabatta bread

80

### COMPLETE

2 Eggs, 3 bacon, boerewors, pap and mild chakalaka OR chips, toast, butter and jam

87

### BASIC

1 Egg, 2 bacon, fried tomato, toast, butter and jam

32

### CHICKEN LIVER

2 Scrambled eggs, spicy chicken livers, 2 hash browns, caramelized onion, fried tomato, toast, butter and jam

78

### EXECUTIVE

2 Eggs, 3 bacon, cheese griller, chips, fried tomato, toast, butter and jam

83

### TRADITIONAL

2 Eggs, 3 bacon, fried tomato, chips, toast, butter and jam

65

### V HEALTH NUTRI START

Plain yoghurt, muesli, seasonal fruit and Hartland honey

60

### V NUT DELIGHT

Layers of plain yoghurt, honey and pecan nuts

60

## OMELETTES

**Build your own. Made with 3 eggs, served with garnish, toast, butter and jam**

Plain Omelette - no filling 39

## OMELETTE FILLINGS

Onion, tomato each 8

Mushroom, mozzarella -, cheddar -, feta cheese, chicken mayonnaise, spinach and feta each 18

Bacon, cheese griller, spicy chicken livers, italian mince, avocado each 20

40g Smoked salmon, 30g biltong each 30

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## ADD TO ANY MEAL

Onion, tomato each 8

Egg each 9

Toast with butter and jam, honey each 11

Half portion chips, half portion potato wedges, 1 hashbrown, pap only each 14

Onion marmelade, olives, peppadews, basil pesto, gherkins, pineapple, mild chakalaka each 16

Mushroom, mozzarella -, cheddar -, feta cheese, chicken mayonnaise, spinach and feta each 18

Bacon, cheese griller, spicy chicken livers, italian mince, avocado, brie cheese, blue cheese each 20

Full portion chips, full portion potato wedges, pap & mild chakalaka, side french salad, mash potatoes, sweet potato mash each 22

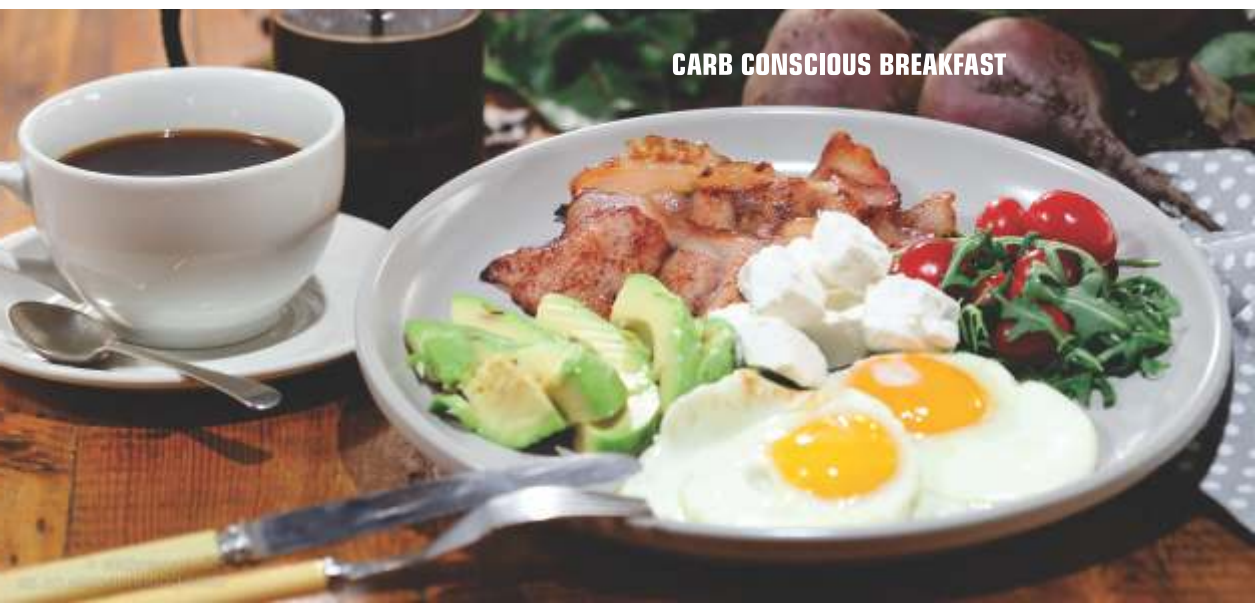
75g Grilled chicken fillet, 150g pure beef patty, boerewors, side greek salad, 1 plain french toast each 27

40g Smoked salmon, 30g biltong each 30

75g Chicken schnitzel each 36

200g Fish each 65

300g Sirloin steak each 98



**CARB CONSCIOUS BREAKFAST**

## CHICKEN SCHNITZEL



### CAFÉ MEALS

SIRLOIN STEAK 300g 135

On a bed of green beans and sauteed mushrooms, served with your choice of potato wedges, chips, mash potato or greek salad

**Add any of our sauces to enhance the flavour of your steak**

Pepper / Mushroom / Monkey gland 21

GRILLED CHICKEN FILLET 79

Served with our special sauce and your choice of greek salad, potato wedges or hashbrowns

#### CHICKEN SCHNITZEL

Served with sweet potato mash, whole grain mustard sauce, crispy bacon bits

French salad 97

Waldorf salad - served with honey mustard dressing 101

Greek salad - served with low oil greek dressing 101

#### FISH

200g hake - fried or grilled

Spiced rice, chips and waldorf salad - served with honey mustard dressing 98

Chips or spiced rice 85

Greek salad - served with low oil greek dressing 85

Waldorf salad - served with honey mustard dressing 85

PIE AND GRAVY 84

Traditional meat pie and gravy served with coleslaw and your choice of mash or chips

## SALAD

Served with salad dressing and a slice of ciabatta bread

GREEK	56
Mixed lettuce, tomato, cucumber, onions, feta cheese, olives, croutons and low oil greek dressing	
SALMON SALAD - improved recipe	106
Greens, smoked salmon, chickpeas, smooth cottage cheese, chives, capers, peppadew and tzatziki	
BEEF SALAD	98
Greens, beef strips, rosa tomatoes, boiled egg, crispy onions rings, roasted peppers, avocado, and balsamic and olive oil reduction	
CHEF'S CHICKEN SALAD	95
Greens, grilled chicken breast, bacon, pineapple, chunky cottage cheese and symphony's health dressing	
BILTONG SALAD	106
Greens, biltong, avocado, feta cheese, peppadew and symphony's health dressing	
CAFÉ CHICKEN SALAD	95
Greens, crusted chicken breast strips, green apple, peas, feta cheese, walnuts, almond flakes and honey mustard dressing	



SIRLOIN STEAK

## GOURMET BREAD



## GOURMET BREAD

Open health sandwich	53
Boiled egg, low fat cottage cheese, tomato, cucumber and gherkins served on our in-house baked health bread, with symphony's dressing	
<b>CHOOSE BETWEEN 2 SLICES CIABATTA BREAD OR BAGUETTE</b>	
Rocket, brie cheese and onion marmelade	74
Steak, caramelized onion, rocket and red pepper - with monkey gland sauce	78
Smoked salmon, dill, cream cheese, peppadew and capers - with seafood dressing	83
Chicken breast, avocado and our special sauce	73
Biltong, cream cheese and basil pesto mayonnaise	83

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## HOT PRESS SANDWICHES

**NOW served with a half portion of chips. Choose from white, brown, health or rye bread**

Spinach & feta	45
Cheese	45
Cheese and tomato	48
Bacon and 2 eggs	58
Bacon, cheese and tomato	61
Bacon, cheese and 2 eggs	67
Italian mince and mozzarella cheese	60
Chicken mayonnaise	58
Club sandwich	90
3 Slices of toast, filled with bacon, avocado, mozzarella cheese and chicken mayonnaise	

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## FRENCH TOAST

Bacon and caramelized banana Served with golden syrup	54
Italian mince and mozzarella cheese Served with potato wedges and garnish	70
Bacon, avocado and mozzarella cheese Served with potato wedges and garnish	76

## TRAMEZZINI

Toasted in-house baked pita bread with a basic filling of mozzarella cheese.  
Served with your choice of chips, salad or half of each

Breakfast - bacon, egg and tomato	85
Spinach and feta cheese	83
Italian mince	85
Monkey gland steak, feta cheese and tomato	89
Bacon, avocado and tomato	89
Chicken mayonnaise	89
Sweet chilli chicken and pineapple	89
Biltong, avocado and feta cheese	101

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## BURGERS

Served with chips

150g Beef patty, made in-house with 100% pure lean mince

Traditional	Single - 72 / Double open - 94
Monkey gland	Single - 77 / Double open - 99
Chicken - grilled chicken fillet	Single - 85 / Double open - 93
Vegetarian - meat free	Single - 70 / Double open - 91

## ADD TO YOUR BURGER

Egg	each 9
Gherkins, pineapple	each 15
Mushroom, cheddar cheese	each 18
Bacon, avocado, blue cheese	each 20

### BACON & AVO BEEF BURGER





**SAVOURY BAKED CHEESECAKE**

## **MUFFINS & SCONES**

**2 Small health muffins OR 2 small scones.**

**Served with butter**

Butter only	30
Marmite	34
Jam	34
Cheese	41
Jam and cream	41
Marmite and cheese	43
Jam and cheese	43
Jam, cream and cheese	47

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## **CROISSANTS**

Butter and jam	34
Cheese, lettuce and tomato	42
Chicken mayonnaise	50
Scrambled egg and cheese	50
Bacon and avocado	58
Smoked salmon, cottage cheese and peppadew	66

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## **QUICHE** \*Original recipe back on customers' demand

**Served with symphony's health dressing.**

**Choose between spinach and feta OR bacon and mushroom**

Quiche only	51
Potato wedges OR chips	65
French salad	62
Greek salad	65



## SAVOURY BAKED CHEESECAKE

Chicken and asparagus OR biltong and blue cheese. Topped with mushrooms

Potato wedges OR chips	77
Beetroot and butternut salad OR Greek salad	79

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## DESSERTS

APPLE PIE	44
Served with cream or ice cream	
FRESH FRUIT SALAD	46
Served with cream, ice cream or plain yoghurt	
ICE CREAM	
Mixed berries	46
Caramel crunch or chocolate cap with roasted nuts	43
WAFFLES	
served with cream or ice cream	
Syrup	40
Caramel crunch or chocolate cap	43
Caramel, banana and roasted nuts	51
Lemon meringue	51
Nutella and strawberries (seasonal) (substitute - berry compote)	51
Sweet pancakes - see next page	

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## GOURMET CAKE SELECTION

Displayed in our cake fridges	44
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DECADENT BRIE 3 FLAPJACK STACK

### 3 FLAPJACK STACK

#### SAVOURY

Bacon and caramelized banana 49  
Served with golden syrup or Hartland honey

Decadent brie 65  
Brie cheese, bacon and green figs

#### SWEET - served with cream

Berry bliss 52  
Cream cheese and berry compote

Golden delight 40  
Served with golden syrup or Hartland honey

Apple and cinnamon 49

Nutella and strawberry (seasonal) (substitute - berry compote) 54

### MELKKOS

**ALL SEASON FAVOURITE.** Served with cinnamon sugar

Full portion 45

Half portion 28

### SOUP

**WINTER ONLY.** Served with a slice of ciabatta bread and butter. Ask your waitron about the soup of the day

Full portion 55

## PANCAKES

### SAVOURY - 2 Pancakes served with cheese sauce

Creamy chicken and mushroom	57
Spicy chicken livers	57
Italian mince	57
Spinach and feta	57

### SWEET - 2 Pancakes served with cream or ice cream

Cinnamon sugar	26
Apple and cinnamon	48
Banana, caramel and roasted nuts	48
Crème brûlée	48
Berry compote and cream cheese	52

### TAKE AWAY - 1 Take away pancake. No cream or ice cream

Cinnamon sugar	7
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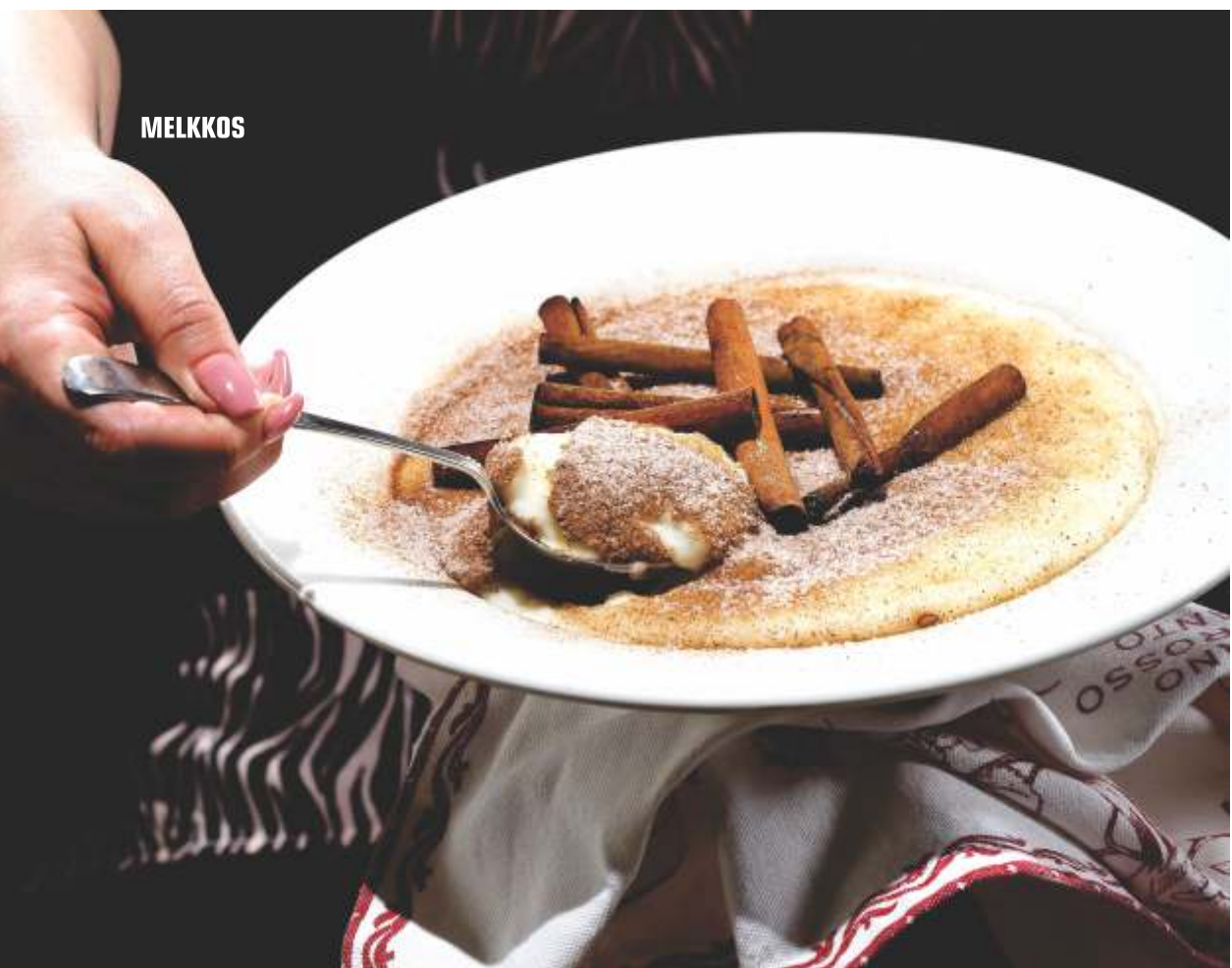
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## HARVEST TABLE

**EVERYDAY FROM 11:30 - 14:30.** Our opportunity to add variety to our menu and share our favourite dishes with you. Your selection will be weighed and charge for

Harvest table	per 100 grams	19
Dessert of the day	per serving	40

## MELKKOS



## Take Home

Our famous rusks,  
cookies, retail coffee and hartland honey

Platters, bespoke dishes,  
full cakes and quiches

- Place your order one day in advance -

## High Tea

Or any function of your choice

- By appointment only -

## Take Away

Symphony's food is only  
a phone call away

- Ask your waitron for a take away menu -

- We deliver within walking distance -



## SYMPHONY'S CAFÉ

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June 2019

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Graphic Design & Photography done by

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