



HOT BEVERAGES

ADD - CREAM OR CONDENSED MILK - R8 | ALMOND MILK - R12
FLAVOURING - HAZELNUT | VANILLA | CARAMEL - R15

COFFEE - ESPRESSO BASED

DECAFFEINATED AVAILABLE - ADD R4

Cappuccino *regular* - R34 / *mega* - R44

Flat white - R38

Café latté - R37

Espresso *single* - R26 / *double* - R30

Americano - R34

COFFEE - FILTER

Filter coffee *regular* - R32 / *mega* - R40

Refill (*only once*) - FREE

COFFEE - PLUNGER

House blend OR Decaffeinated - R49

TEA

ADDITIONAL R6 FOR SHARED POT

Five roses OR Rooibos - R30

Earl grey OR Green - R32

Add honey - R12

Boiling water with lemon - R10

ROOIBOS ESPRESSO BASED

SERVED WITH HARTLAND HONEY

Red cappuccino *regular* - R38 / *mega* - R49

Red latté - R40

Red americano - R39

MILKY HOT DRINKS

Choccocino (*espresso and hot chocolate*) - R44

Chai latté (*warming spices topped with cinnamon*) - R48

Milo - R39

Hot chocolate (*brown*) - R42

Hot chocolate (*white*) - R44

Red hot white (*red espresso and white hot chocolate*) - R49

Chaicino (*chai latté with a shot of espresso coffee*) - R49

COLD BEVERAGES



MILKSHAKES

MADE WITH GOOD QUALITY ICE CREAM

GOURMET – NO DECORATION

Milo | Coffee | Vanilla | Hazelnut | Caramel
regular - R46 | double thick - R51

TRADITIONAL – DECORATED

Chocolate | Strawberry | Lime | Bubblegum
regular - R46 | double thick - R51

FRUIT SHAKES

100% FRUIT JUICE BLENDED WITH ICE CREAM

Fruit cocktail | Mango | Orange | Cranberry-apple
Fresh lemonade | Apple - R48

SMOOTHIES

ICE CREAM, YOGHURT AND FRUIT PULP

Tropical | Peach | Strawberry - R49

FRUIT FLOAT

Fruit cocktail | Mango | Orange | Cranberry-apple
Fresh lemonade | Apple - R48

SODA FLOAT

Coke | Coke zero | Sprite | Sprite zero | Tab
Dry lemon | Cream soda | Fanta orange - R42

FROSTIES

MADE WITH CRUSHED ICE

Lemonade mint crush | Coffee freezo
Strawberry chiller | Mango frappé - R48

GINGER BEER

THE OLD FASHION WAY
BREWED IN-HOUSE. NON ALCOHOLIC

400ml - R38

FRUIT JUICE

Fruit cocktail | Mango | Orange | Cranberry-apple
Fresh lemonade | Apple - R36

SODAS

Coke | Coke zero | Sprite | Sprite zero
Dry lemon | Tab | Cream soda | Fanta orange
300ml - R28

Lemonade | Soda water | Tonic water | Ginger ale
200ml - R24

Red bull 250ml - R39

TIZERS

Red grapetizer | Appletizer - R36

MINERAL WATER

Still | Sparkling - R25

ICE TEA

Fresh red (red espresso with apple juice) - R44
- no added sugar, no preservatives -
Lipton ice tea (lemon or peach) - R34

CORDIALS

MIXED WITH SODA WATER OR LEMONADE

Lime | Cola tonic | Passion fruit - R35

ROCK SHANDY

SODA WATER, LEMONADE AND BITTERS
R45

ALCOHOLIC BEVERAGES

COCKTAILS

Strawberry daquiri | Coffee extreme - R70
Margarita | Mojito | Pina colada - R69
Long island - R85

SPIRITS

Cognac (Hennessy) - R48
Brandy (Klipdrift, Richelieu) - R20
Rum (Captain Morgan, Bacardi) - R25
Whisky (J&B, Bells) - R25
Whisky (Jameson) - R35
Whisky (Johnny Walker Black) - R38
Vodka (Smirnoff) - R20
Tequila - R30

DOM PEDRO

Whisky | Cape velvet
Amarula | Peppermint - R48

IRISH COFFEE

Whisky - R48

GIN AND TONIC

Bombay original - R65
Inverroche classic - R71

BEER AND CIDER

Castle | Castle light | Black label - R32
Amstel | Heineken | Corona | Windhoek lager - R35
Windhoek draught - R37
Alcohol free beer - R33
Hunters (Dry OR Gold) - R38
Savanna (Dry OR Light) - R38



WINE

SAUVIGNON BLANC

La Motte - bottle R168
Leopard's Leap - bottle R132 | carafe R53

CHARDONNAY

Diemersdal Unwooded - bottle R154
Ken Forrester Petit - bottle R134 | carafe R53

CABERNET SAUVIGNON

Guardian Peak - bottle R159
Leopard's Leap - bottle R142 | carafe R56
Rupert & Rothschild Classique (Cabernet/Merlot) - bottle R358

MERLOT

Protea Anthonij Rupert - bottle R167
Leopard's Leap - bottle R142 | carafe R56

PINOTAGE

Warwick the First Lady - bottle R169
Ken Forrester Petit - bottle R139 | carafe R56

ROSÉ

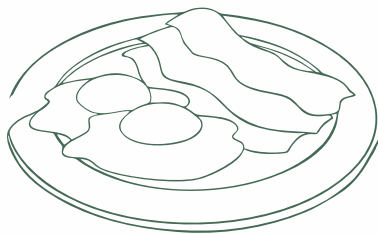
Protea (dry Rosé) - bottle R167
Nederburg (fruity Rosé) - bottle R139 | carafe R56

SEMI SWEET

Legacy Johannisberger - bottle R123 | carafe R51

SPARKLING WINE - JC Le Roux

Le Domain | Le Chanson - bottle R153
Sauvignon Blanc | La Fleurette - bottle R153
Le Domain alcohol free - bottle R153



BREAKFAST

BASIC - R40

1 egg, 2 bacon, fried tomato, toast, butter and jam

EGGS BENEDICT

poached eggs on an english muffin, bacon,
topped with hollandaise sauce

Classic -R85

Smoked salmon - R96

(Low carb option - swop english muffin for brown mushrooms - **R18 extra**)

CARB CONSCIOUS - R88

2 eggs, 3 bacon, half avocado, feta,
garnish. NO TOAST

COMPLETE - R105

2 eggs, 3 bacon, boerewors, pap and chakalaka
OR chips, toast, butter, jam

CHICKEN LIVER - R89

2 eggs, spicy chicken livers, caramalized onion, grilled tomato
pap OR two slices ciabatta bread

EXECUTIVE - R98

2 eggs, 3 bacon, cheese griller, chips, fried tomato,
toast butter and jam

TRADITIONAL - R78

2 eggs, 3 bacon, fried tomato, chips, toast
butter and jam

FRUIT NUTRI START - R78

plain yoghurt, seasonal fruit and Hartland honey
(Add granola - **R15 extra**)

GRANOLA DELIGHT (gluten-free) - R70

layers of plain yoghurt, granola and Hartland honey

OMELETTES

BUILD YOUR OWN - R40

made with 3 eggs served with toast butter and jam
(choose your filling from the list below)

ADD TO YOUR OMELLETTE OR ANY OTHER MEAL

Onion, tomato (each) - R11

Egg - R11

Toast with butter and jam - R14

Half portion chips | Half portion potato wedges
pap only (each) - R18

Olives | Peppadews | Basil pesto | Gherkins
Pineapple | Mild chakalaka (each) - R20

Mushroom | Mozzarella -, cheddar-, feta cheese
Chicken mayo | Spinach and feta (each) - R26

2 Bacon | Ham | Cheese griller | Spicy chicken livers
Italian mince | Avocado | Plain french toast
Full portion chips | Full portion potato wedges
Pap and mild chakalaka | Side french salad
Mash potatoes | Sweet potato mash | Sweet potato chips
Veggies of the day (each) - R32

75g Grilled chicken fillet | 150g Pure beef patty | 150g Boerewors
Side greek salad | Side waldorf salad (each) - R36

40g Smoked salmon | 30g Biltong (each) - R45

75g Chicken schnitzel - R40

200g Grilled fish - R82

300g Sirloin steak - R115

CAFÉ MEALS

SIRLOIN STEAK 300g - R175 (Served with 2 sides)

served with your choice of sweet potato chips
OR mash potato OR pap OR chips
and greek salad OR vegetables of the day
ADD: mushroom, pepper or monkey gland sauce - R30

CHICKEN SCHNITZEL - R138

served with sweet potato mash, Waldorf salad,
mustard sauce and bacon bits

PIE AND GRAVY - R102

served with coleslaw and your choice of chips
OR sweet potato chips OR mash potato

KEBABS - R140 (BEEF OR CHICKEN)

served with your choice of mash potato OR pap
OR chips OR potato wedges
OR sweet potato chips
and greek salad OR vegetables of the day

GRILLED CHICKEN FILLET - R98

served with your choice of chips
OR sweet potato chips
OR greek salad OR half portion of each

GRILLED FISH 200g grilled fish fillet (Served with 2 sides)

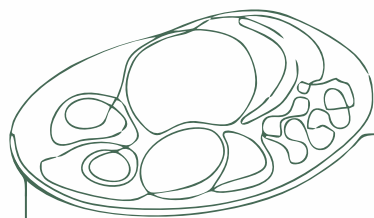
Spiced rice OR chips OR sweet potato chips
OR veggies of the day and waldorf salad - R138

Chips OR spiced rice OR sweet potato chips - R117

French salad - R117
(served with Symphony's health dressing)

Greek salad - R120
(served with Greek salad dressing)

Waldorf salad - R120
(greens, green apple, peas, feta cheese
served with honey mustard dressing)



PASTA

CHICKEN PASTA - R129

chicken, sundried tomato and basil

BEEF PASTA - R129

beef, mushroom and walnut pesto

PASSATA - R115

cherry tomato and basil

SALAD

SERVED WITH DRESSING AND A SLICE OF
CIABATTA BREAD

GREEK - R82

greens, tomato, feta cheese, olives
and croutons

CHEF'S CHICKEN SALAD - R125

greens, grilled chicken breast, bacon
pineapple and cottage cheese

BILTONG SALAD - R136

greens, biltong, avocado, feta
and peppadew

CAFÉ CHICKEN SALAD - R125

greens, crusted chicken, green apple, peas
sliced mozzarella, walnuts, almond flakes
served with honey mustard dressing

SALMON SALAD - R136

greens, smoked salmon, chunky cottage cheese
chives, capers and peppadew

GOURMET BREAD

CHOOSE BETWEEN FRESHLY BAKED CIABATTA -
LOW GI - OR RYE BREAD

HEALTH - R67

cottage cheese, boiled egg, lettuce, tomato,
cucumber, gherkins

CHICKEN - R88

with avocado and special sauce

SALMON - R99

smoked salmon, dill, cream cheese
peppadew, capers and special sauce

BILTONG - R99

with cream cheese and basil pesto mayonnaise

HOT PRESS SANDWICHES

SERVED WITH HALF PORTION CHIPS
BREAD OF CHOICE - WHITE | BROWN
CIABATTA | RYE | LOW GI

Spinach and feta - R59

Cheese and tomato - R62

Ham, cheese and tomato - R78

Bacon, cheese and 2 eggs - R87

Italian mince and mozzarella - R77

Chicken mayonnaise - R73

Club sandwich - R112

3 slices bread, bacon, avocado, mozzarella
and chicken mayonnaise

TRAMEZZINI

SERVED WITH CHIPS, SALAD OR HALF PORTION OF EACH

Bacon, avocado and tomato - R123

Chicken mayonnaise - R120

Sweet chilli chicken and pineapple - R120

Biltong, avocado and feta cheese - R129

Spinach and feta cheese - R115

Italian mince - R115

Breakfast (bacon, egg and tomato) - R123



BURGERS

150g PURE BEEF PATTY | SERVED WITH CHIPS

Traditional - single R92 | double R126

Monkey gland - single R96 | double R130

Chicken - single R105 | double R139

Chicken schnitzel and mozzarella - single R121 | double R155

Vegetarian (meat free) - single R90 | double R124

ADD TO YOUR BURGER

egg (each) - R11

mushroom | pineapple | cheese (each) - R26

bacon | avocado (each) - R32

FRESHLY BAKED

SCONES

- 2 SMALL -

Butter, jam and cheese OR cream - R58

MUFFINS

- HEALTH -

Butter, jam and cheese OR cream - R58

CROISSANTS

Butter, jam and cheese - R56

Chicken mayonnaise - R67

Scrambled egg and cheese - R67

Bacon and avocado - R75

Smoked salmon and cream cheese - R78

QUICHE

SPINACH AND FETA
OR
BACON AND MUSHROOM

Quiche only - R68

Chips OR Greek salad - R92



FRENCH TOAST

Bacon and banana - R69

Bacon, avo and melted mozzarella - R93
served with potato wedges and garnish

Italian mince and melted mozzarella - R85
served with potato wedges and garnish

FLAPJACKS

SAVOURY (3 FLAPJACKS)

Decadent brie (brie cheese, bacon and green figs) - R88
Bacon and caramelized banana - R69

SWEET (3 FLAPJACKS)

Berry compote and cream cheese - R72
Golden delight (golden syrup OR honey) - R58
Nutella and strawberry - R75

PANCAKES

SAVOURY (2 PANCAKES)

Creamy chicken and mushroom - R71
Spicy chicken livers - R71
Italian mince - R71
Spinach and feta - R71

SWEET (2 PANCAKES)

Cinnamon sugar with slice of lemon- R33
Apple cinnamon - R57
Milk tart - R57
Banana, caramel and roasted nuts - R61
(served with cream or ice cream)
Berry compote and cream cheese - R68
(served with cream or ice cream)

MELKKOS

MELKKOS - R55
served with cinnamon sugar

SOUP OF THE DAY (winter only) - R68
served with ciabatta bread

DESSERT

ICE CREAM

Plain - R45
Mixed berries - R60
Caramel crunch OR chocolate cap
(with roasted nuts) - R50

WAFFLES

HALF PORTION OR FULL PORTION AVAILABLE
SERVED WITH CREAM OR ICE CREAM

Syrup - R54
Caramel crunch OR chocolate cap - R55
Caramel, banana and roasted nuts - R65
Nutella with strawberries - R65
(seasonal - substitute - berry compote)

SWEET PANCAKES

REFER TO OPTIONS ON THE PANCAKE
SECTION

APPLE TART

SERVED WITH CREAM OR ICE CREAM
Per slice - R55

GOURMET CAKE

DISPLAYED IN CAKE FRIDGE
Per slice - R55

CONFECTIONERY

DISPLAYED ON HARVEST TABLE
Individually priced



FROZEN FAMILY MEALS

- TO TAKE HOME -

DEFROST, HEAT AND EAT
HEATING IN THE OVEN IS THE BEST WAY

Chicken pie - 500 g R94 | 1 Kg R180

Chicken biryani - 500 g R97 | 1 Kg R185

Beef pie - 500 g R102 | 1 Kg R196

Beef lasagne - 500 g R89 | 1 Kg R170

Cape malay bobotie - 500 g R109 | 1 Kg R210
served with yellow rice and raisins

Curry beef stew - 500 g R109 | 1 Kg R210
served with basmati rice OR mashed potato

Meatballs in napoletana - 500 g R104 | 1 Kg R200
served with basmati rice OR mashed potato

Macaroni and cheese - 500 g R72 | 1 Kg R135
with cheese griller

BULK PORTIONS
HEAT AND EAT AT HOME

Soup of the day - 1 Kg R102
no bread

Melkkos - 1 Kg R89
served with cinnamon sugar



KIDDIES MENU

FOR CHILDREN UNDER THE AGE OF 10 ONLY

FOOD

JUNIOR BREAKFAST - R29

1 scrambled egg, 1 cocktail cheese griller OR 1 bacon,
1 slice of toast with butter and jam

TASTY MEAL - R49

chicken strips OR fish fingers, chips OR cocktail
cheese griller and dip

KIDDIES FRENCH TOAST - R27

served with syrup or tomato sauce

MACARONI AND CHEESE - R38

with cheese griller

TOASTIE ON A STICK

chicken mayonnaise - R49

ham and cheese - R49

cheese - R46

MELKKOS - R29

served with cinnamon sugar

SUGAR AND CINNAMON PANCAKE - R20

1 pancake, served with ice cream

FLAPJACK BUNNY - R31

1 flapjack bunny served with ice cream, syrup
and Astros

ICE CREAM

KIDDIES ICE CREAM

plain - R30

caramel OR chocolate sauce and Astros - R37

DRINKS

SMALL JUICE (200ml) - R26

fruit cocktail I mango I orange I cranberry-apple
red grape I apple

SMALL MILKSHAKE - R31

(no decorations)

chocolate I strawberry I lime I bubblegum

SMALL MILKSHAKE - R41

(with decorations)

chocolate I strawberry I lime I bubblegum

SODA DRINK - R28

coke I coke zero I sprite I sprite zero

dry lemon I tab I cream soda I fanta orange

BABY CHINO - R8

frothed milk with hot chocolate sprinkle

SMALL GLASS OF MILK (200ml) - R18

full cream